



Rooster 9 Hour Endurance Race 2016

To be held at the Henley Midmar Yacht Club, on Saturday the 20th February 2016

SAILING INSTRUCTIONS

PLEASE READ CAREFULLY

1. RULES

The race will be governed by the 2013/2016 Racing Rules of Sailing (RRS) as amended, the relevant Class Rules, the Notice of Regatta, and these Sailing Instructions.

2. TEAMS

- a. Each boat shall have a minimum of two skippers, and in the case of non single-handed yachts, these skippers shall each have his/her own crew, consisting of as many individuals as is required to operate the yacht safely.
- b. There will be a **MINIMUM OF FOUR COMPLETE** skipper and crew changes throughout the period of the race, with a minimum of one full course lap between each change.

3. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on the official notice board located in the Henley Midmar Yacht Club Hall.
- b. A compulsory briefing for skippers will be held at 08h25 on Saturday 20th February 2016

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted one hour before the start of the race.

5. SCHEDULE OF RACE

The 5 minute Warning Signal for the entire fleet is scheduled for 09h25 on 20th February 2016

6. CLASS FLAG

The Class Flag for the entire fleet is Code Flag "T"

7. THE COURSE

- a. The Course to be sailed will be either **Course A** or **Course B** as detailed on the course cards, with the selected course being signalled as follows:
Course A – ANTI CLOCKWISE Numerical Pennant (1) displayed on the committee -boat prior to the warning signal.

Course B – CLOCKWISE Numerical Pennant (2) displayed on the committee -boat prior to the warning signal.

- b. All dinghies and smaller multihulls **MUST** pass **INSHORE** of the **FINISH MARK** on **EVERY** lap.
CHANGE OVER ROUND – All dinghies and smaller multihulls **MUST** pass **INSHORE** of both the previous Mark and the Finish Mark.
- c. All keelers and specials (To be declared at Registration) **MUST** pass **through the gate** on **EVERY** lap.
CHANGE OVER ROUND – All keelers and specials **MUST** pass **round the previous** Mark and then pass through the Gate.

NB: Non observance of this rule, disqualifies the change over on that round

- d. Vessels engaging in change over procedures have right of way. Non change over lap vessels” or “completed change over” vessels must give way to boats and tenders engaging or on final approach to engage in change over procedures within the change - over area

8. CHANGEOVER AREA DETAILS – Dinghies and Smaller Multihulls (Shore Changeover)

(Refer to Change Over Zone diagram with the course cards).

- a. *All Skipper and Crew changes shall take place between the finish buoy and the previous rounding buoy of the course.*
- b. Vessels engaging in change over procedures have right of way. “Non change over lap vessels” or “completed change over” vessels must give way to boats and tenders engaging or on final approach to engage in change over procedures in the change over channel.

c. SHORE CHANGEOVER AREA

A line of Yellow buoys are positioned along the shore line at a depth of +/- 1.2m. This area between the buoys and the shore is to be used for shore to boat change overs, further providing safety.

NO SWIMMING is allowed outside of the yellow markers described above.

Swimming IS allowed inshore of the yellow markers in the “shore changeover area”.

No motorized craft are allowed in the “shore changeover area” between the row of yellow buoys and the shoreline as described above at any stage while the race is in progress.

d. BOAT TO BOAT CHANGEOVER AREA KEELERS AND SPECIALS.

“The boat to boat changeover area” is between the **previous rounding buoy** and the **Gate**, boats must have finished their change over before passing through the gate.

AN ENGINE SIZE LIMIT of 15 HP is applicable to ALL CHANGEOVER TENDERS.

CRAFT WITH LARGER ENGINES BEING USED AS CHANGOVER TENDERS MUST REGISTER WITH THE RACE COMMITTEE

All Skippers using powered vessels of 15hp or more must be in possession of a Certificate of Competency (COC) and must comply with the NSVSR requirements including Certificate of Fitness, kill switch harness and lifejacket / buoyancy aid regulation at all times of operation.

Motorized tenders may only be operated at low speed while on the water and with the exception of their own racing boat shall keep well clear of all other boats racing.

Motorized tenders should cross the small craft sailing channel only when safe to do so. Thereafter, they must keep outside of the sailing channel and outside tacking and gibing lines of all boats racing, they may proceed to a point opposite to where they propose to change over crews on the outer sailing channel..(change over area)

Motorized tenders may move into this sailing channel (change over area) shortly in advance of their racing boat arriving at the change over point **and shall then switch off their engine and drift before making any contact with their racing boat.**

No person shall leave their seating while their engine is running. At no stage may any person be in a standing position whilst the motor is running.

Thereafter the engine shall remain **OFF** (not just in neutral) until the change over has been fully completed and all persons have transferred. Tenders may be tethered to the sailing vessel for the duration of the change over.

Any boat may elect to utilize the boat to boat changeover area provided they comply with the rules thereof.

NO SWIMMING is allowed in the boat to boat changeover channel.

9. LEAD BOAT

The fleet may be led round the course for the first round by a vessel bearing the “**L**” flag.

10. MARKS

- a. The Start and Finish marks will be pink spherical buoys with aluminium staff and orange flag.
- b. Marks 1, 2, 3 and 4 will be numbered red cylindrical buoys
- c. The Gate will be two red cylindrical buoys.

11. THE START

- a. The start line will be between the staff displaying an orange flag on the committee boat and the pink spherical buoy with an aluminium pole and orange flag.
- b. The fleet will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- c. The penalty for a boat recalled in terms of rule 29 (1) and associated clauses that does not return correctly as prescribed therein, shall be the deduction of a single lap from the number of laps sailed.

12. THE FINISH

- a. The Finish line will be between the staff displaying an orange flag on the Club jetty and a pink spherical buoy with an aluminium pole and orange flag
There shall be 2 time periods recorded.
 - i. **Handicap Race after 8 hours, or at 17h30**, whichever is first.
The end of the 8 HR handicap honours time period will be signalled by the hoisting of Code (**F**) flag together with a sound signal by the Committee Boat stationed on the outer Course , The Code (F) flag will also be hoisted on the end of the jetty Only laps completed prior to the hoisting of flag **F** will be counted towards handicap honours. Laps completed thereafter will not be counted toward handicap as above.
 - ii. **Scratch Race & Class Scratch Race after 9 hours, or at 18h30**, whichever is first.
The end of the 9 hour race will be signalled by the dropping of code flag **F**, on both the committee boat and jetty together with the firing of a flare and/or sound signal. Only laps completed prior to the dropping of code flag **F** will be counted, laps completed thereafter will not be counted.

13. SHORTEN COURSE

The race may be shortened in terms of RRS 32.2 (b). When Flag ‘**S**’ is hoisted, accompanied by two sound signals, yachts have thirty minutes thereafter, to complete their current lap.

14. PROTESTS & REQUESTS FOR REDRESS

- a. Protests shall be written on the forms available at the race office, and shall be delivered there within 30 minutes of the end of the relevant shift of the PROTESTING boat.
- b. Protests will be heard as soon as possible after they are received. Notices detailing the times and venues of the protest hearings will be posted on the official notice board.
- c. In terms of RRS 64.1, the penalty for an infringement of a rule shall be the deduction of one lap from the number of laps completed by a boat. Should damage result to another boat, or should there be a serious infringement of the change over or safety rules, the protest committee may disqualify the infringing boat.

15. SCORING

a. Handicap Race

Boat handicaps will be applied to the number of laps completed before 8 hours, or before 17h30.

b. Scratch Race and Class Scratch Race

- i. The boat achieving the most laps within the prescribed time period of 9 hours, shall be the overall scratch race winner.
- ii. Where two or more boats complete the same number of laps, the boat which finished in the shortest **TOTAL** elapsed time, shall be the winner.

16. REPLACEMENT OF CREW

- a. Substitution of a crew-member will not be allowed without the written approval of the race committee, such changes being permissible during the race.

17. RETIREMENT

- a. Should a boat retire from the race, only circuits completed prior to retirement will be counted for the results.
- b. Any boat receiving outside assistance shall be deemed to have retired from the race.
- c. A boat may drop sails, anchor or beach and thereafter resume racing.

18. INFORMING THE BRIDGE – “Boat’s Safety Tally sheet”

The bridge MUST be informed by signature and completion of the “Boat’s recording sheet” at recording area, by the retiring skipper in each of the following instances.

- a. After every crew change, confirming such change and circuits completed in shift,
- b. If a boat should retire early.
- c. Failure to record or incorrect recording may result in disqualification or non credit for circuits completed.
- d. All spectators and competitors to please keep away from the recording tent – this area is out of bounds for the duration of the race except for Race Officials.

19. SAFETY

- a. Each competitor on the water shall either carry a whistle, or have a whistle attached to their life jacket or buoyancy aid.
- b. It is the skipper’s responsibility to ensure that they comply with the National Small Vessel Safety Regulations, in respect of both their boat and change over vessel.
- c. Each boat must have a lifejacket or adequate buoyancy aid for each crew member on board and wearing thereof is strongly advised. **Wearing thereof is compulsory for under 16’s at all times whilst on the water and for all competitors when on the water after 18h00 or when the Code Flag Y is flown.** Wet suits and dry suits are not adequate buoyancy aids.
- d. A Paramedic will be on site in the tent next to the recording tent (near to the Club Jetty).

20. PRIZES

The prize giving will be held in the Clubhouse at 20h30, with prizes awarded for the following categories.

8 Hours Handicap Results

- Handicap Honours for Senior Fleet – Main Trophy
- Handicap Honours Senior Fleet – 2nd & 3rd
- Handicap Honours for Junior Fleet

9 Hours Scratch Results

- Line Honours in Senior Fleet
- Line honours for Junior Fleet
- First Dinghy
- First Keelboat
- First Multihull
- Class Prizes for 1st in class where a minimum of 4 boats shall constitute a class

Other prizes may be awarded at the discretion of the Race Committee